



SREE GOKULAM NURSING COLLEGE, VENJARAMOODU.

COMMUNITY HEALTH NURSING

CPR MASS AWARENESS CAMPAIGN

- ❖ **Date:** October 14,15, 2025
- ❖ **Location:** Nurses Lead Clinic, Kottukunnam, Family Welfare Centre, Vamanapuram (Thiruvananthapuram District, Kerala)
- ❖ **Organizers :** Community Health Nursing, Medical Surgical Nursing & NSS
- ❖ **Instructors :** Mr. Arun, Mrs. Revathy, Mrs. Akshaya, Mrs. Sivapriya

REPORT

The CPR awareness campaign was successfully conducted October 14&15, 2025, across two key locations in the NLC, Kottukunnam & FWC, Vamanapuram area of the Thiruvananthapuram district. The campaign aimed to aware common people to do CPR. A total of 62 were successfully attended the session across the two specific places during the training period of 10:00 AM to 12:00 PM. The combined efforts of Community Health Nursing Department, Medical Surgical Nursing Department & NSS unit, viii sem BSc nursing students make the session successful. In college the oath was taken by the students and other faculties of departments. Objectives The training aimed to achieve : 1. Increase public awareness regarding the critical need. 2. Train participants in the two essential steps of compression and ventilation. 3. Familiarize the placement of hands on chest during CPR 4. Boost participant confidence and willingness to act in a cardiac emergency Training overview - Identification of cardiac emergency. - Carotid pulse assessment and respiration. - Arrangement of rescuer. - Placement of hand in correct area - Cycle ratio 30:2 - Complications occur during CPR - Pediatric CPR Key Highlights All participants who completed the hands- on session successfully demonstrated the correct compression techniques on the manikins, achieving the required rate and depth standard.



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The public CPR awareness training was highly successful, maximizing engagement during National CPR awareness week. The enthusiasm from the community highlights a strong demand for life- saving education.





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IQAC Coordinator

Principal