



SREE GOKULAM NURSING COLLEGE, VENJARAMOODU

DEPARTMENT OF COMMUNITY HEALTH NURSING

ACTIVITY REPORT 2023

WORKSHOP ON PALLIATIVE CARE NURSING-18.01.2023

Palliative care improves the quality of life of patients and that of their families who are facing challenges associated with life-threatening illness, whether physical, psychological, social and spiritual. The global need for palliative care will continue to grow as a result of the ageing of populations and the rising burden of non communicable diseases and some communicable diseases. Early delivery of palliative care reduces unnecessary hospital admissions social or spiritual. The quality of life of caregivers improves as well. Each year, an estimated 56.8 million people, including 25.7 million in the last year of life, are in need of palliative care.

Worldwide, Only about 14% of people who need palliative care currently receive it. Adequate national policies, programmes, resources, and training on palliative care among health professionals are urgently needed in order to improve access and the use of health services. Palliative care involves a range of services delivered by a range of professionals who all have equally important roles to play – including physicians, nurses, support workers, paramedics, pharmacists, physiotherapists and volunteers — in support of the patient and their family.

Department of Community health nursing in Sree Gokulam Nursing College organized a Workshop on “*PALLIATIVE CARE NURSING*” for staff nurses and students at lecture hall, 3rd floor, SGMC & RF on **18.01.2023**. The programme commenced at 9 .00am and winded up by 4 pm. Welcome speech by Mrs Sheejamol.K.N, Assistant Professor, SGNC, Inagural address was delivered by Lt Col Prof Meera K.Pillai Principal ,SGNC.MC of this programme was Mrs Rethi Raina Jeen, Associate Professor,SGNC ,Vote of Thanks giving speech by Mrs Preethi G.Vijayan,PG student ,SGNC. A total of 78 participants are attended the workshop. Sessions were taken by Prof Amudha .M HOD Department of Community health nursing regarding Challenges of Palliative Care Nursing, Mrs Anupama Susmitha ,Assistant professor, Government College of Nursing, Trivandrum highlighted the Moralistic and Legal issues in Palliative Care Nursing. Dr .M.R Rajagopal Chairman Pallium India gave updates on Person



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Centered Care, While Mrs Sulaja.V, Associate Professor spotlighted about End of life care Nursing .Valedictory function and certificate distribution was done at 3.00pm.

