



REPORT ON WORLD CANCER DAY CELEBRATION

Date: February 4, 2025

Venue: Oncology OPD, Lecture
Hall, Venjaramood Bus Stand
Organized by: Sree Gokulam
Nursing College (3rd Semester
Students

Introduction

World Cancer Day is observed annually on February 4th to raise awareness about cancer prevention, detection, and treatment. In commemoration of this day, Sree Gokulam Nursing College organized a series of programs aimed at spreading awareness and educating the public about cancer. The events included an exhibition in the Oncology OPD, a mime performance in the lecture hall, and a flash mob at Venjaramood Bus Stand. Each of these activities played a crucial role in engaging different audiences and emphasizing the importance of cancer awareness and survival. The programs were efficiently coordinated by Mrs. Jayalekshmi, Assistant Coordinator, and Mrs. Saranya MS, Lecturer, ensuring smooth execution and maximum impact.

Exhibition and Health Education at Oncology OPD

An informative exhibition was set up in the Oncology Outpatient Department (OPD) to educate patients, caregivers, and visitors about various aspects of cancer. The exhibition featured:

- Posters and charts depicting the causes, symptoms, prevention, and treatment of different types of cancer.
- Awareness stalls where healthcare professionals provided guidance on early detection, self-examination techniques, and lifestyle modifications to reduce cancer risk.
- Distribution of pamphlets and brochures to reinforce the key messages



conveyed during the event.

- Interactive Q&A sessions with oncologists and nursing staff to address queries and concerns of the attendees.
- Demonstrations on self-breast examination techniques and the importance of routine cancer screenings.
- A section dedicated to busting common myths about cancer, helping attendees separate facts from misconceptions.

Additionally, Ms. Padmaja, Ms. Rizana, Ms. Rijisha, Ms. Neha, and Mr. Prafin conducted a detailed health education session on cancer in the local language, ensuring accessibility and understanding among the audience. The session covered essential topics such as early detection, risk factors, treatment options, and the importance of lifestyle changes in cancer prevention. Ms. Rizana specifically focused on self-detection of breast cancer, explaining various techniques for early identification and stressing the importance of regular self-examinations. Their session was highly informative and well-received by the attendees, who actively participated in discussions and sought clarifications on various aspects of cancer care.

The exhibition was well-received, with numerous visitors engaging in discussions and expressing gratitude for the valuable information provided. Many attendees, including cancer patients and their caregivers, found the educational materials and expert guidance beneficial in understanding the disease and its management better.