



## SREE GOKULAM NURSING COLLEGE, VENJARAMOODU

### DEPARTMENT OF COMMUNITY HEALTH NURSING

Report of In house workshop on “TB-innovation, insight, and impactful solutions”  
conducted on 27<sup>th</sup> march 2024

As a part of World TB Day, Department of Community Health Nursing, Sree Gokulam Nursing College has organized an In-house workshop on “TB-innovation, insight, and impactful solutions” on 27/03/24 at conference hall, Sree Gokulam Nursing College.

The program was organized and conducted under the guidance of Lt. Col. Prof. Meera K Pillai mam, Principal, SGNC & Dr. Lija R Nath, Vice Principal. Prof Sulaja. V, HOD Department of Community Health Nursing gave the valuable suggestions and guidance for success of the Inhouse workshop. Faculties of Sree Gokulam Nursing College, fourth year BSc Nursing students, fifth semester BSc Nursing students and Second PBBSc Nursing students attended the sessions. Almost 200 attendees were there in total.

Sessions:

#### I. Inaugural session:

The inaugural session started with an invocation by fourth year college choir . Mrs. Neenu. R. S, Lecturer, Dept of Community Health Nursing welcomed all the dignitaries for the In House Work Shop. Lt Col Prof Meera K Pillai, Principal, SGNC, Dr. Lija R Nath, Vice principal, Prof Sulaja V, HOD of Community Health Nursing Department, Dr Kasthuri, NTEP Medical officer, District TB Centre, Trivandrum, Mr. Biju S, TB Health visitor, District TB Centre, Trivandrum and Mrs. Aswathy. K.S, Senior Treatment Supervisor, TQH Hospital, Kottarakara inaugurated the function by lighting the traditional lamp. After which, Lt Col Prof Meera K Pillai Mam gave the introductory speech on the In-House workshop topic. Lija R Nath, vice principal and Prof Sulaja V, HOD Department of Community Health Nursing gave the felicitation for the In-House workshop. Mrs. Sreelekshmi. M.S, Nursing Tutor, Department of Community Health Nursing gave the vote of thanks to the gatherings.



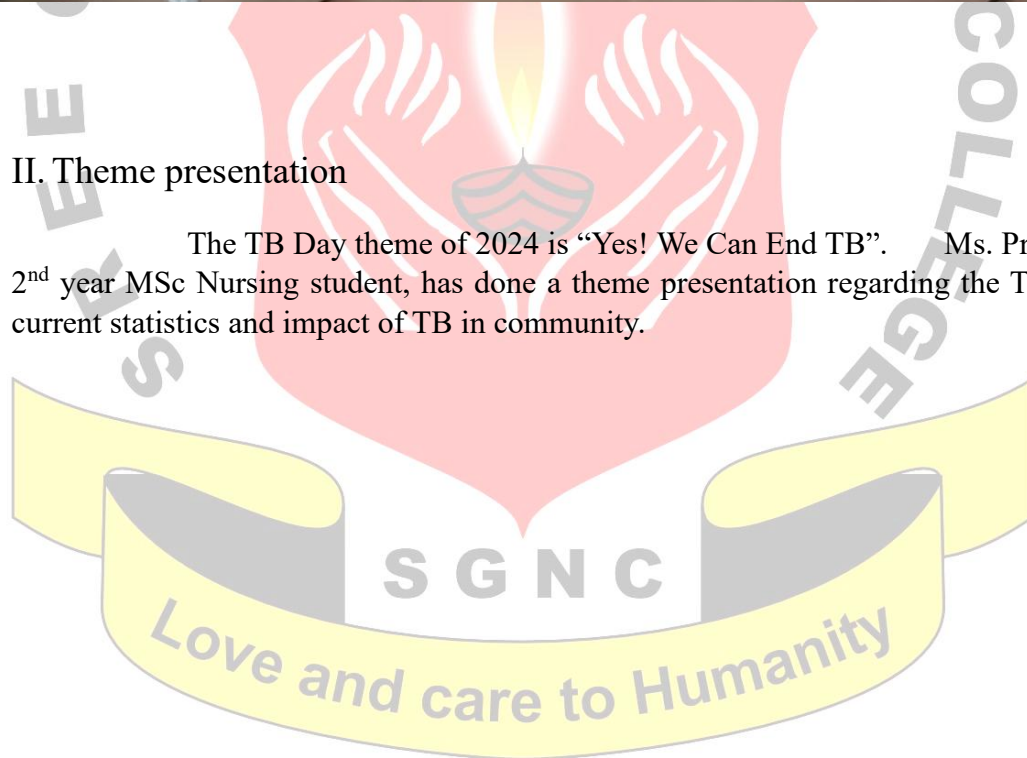
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## II. Theme presentation

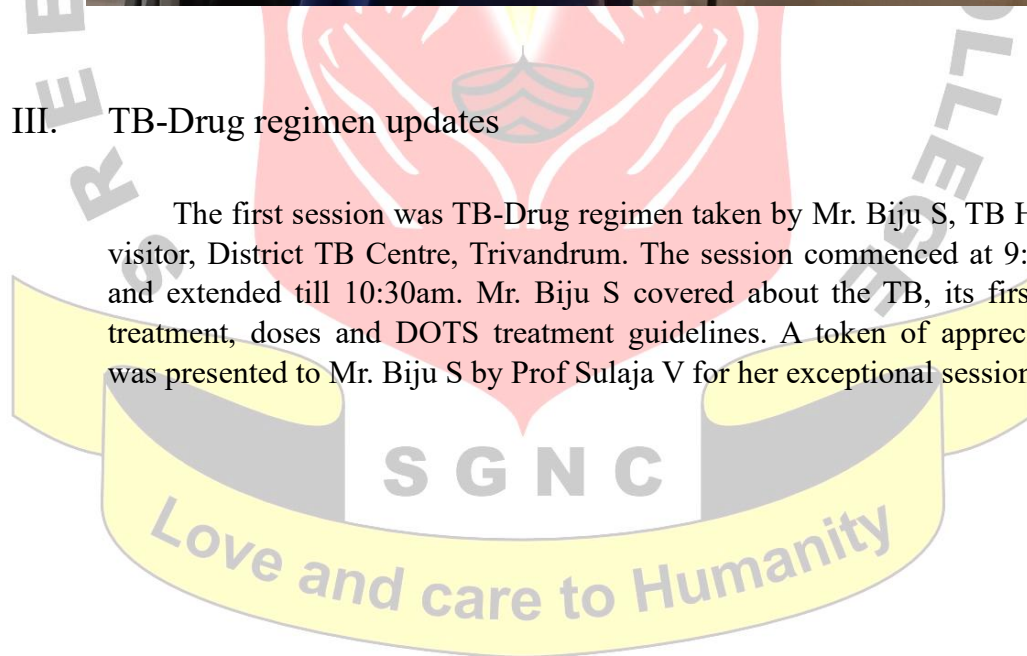
The TB Day theme of 2024 is “Yes! We Can End TB”. Ms. Preethi, 2<sup>nd</sup> year MSc Nursing student, has done a theme presentation regarding the TB, its current statistics and impact of TB in community.





### III. TB-Drug regimen updates

The first session was TB-Drug regimen taken by Mr. Biju S, TB Health visitor, District TB Centre, Trivandrum. The session commenced at 9:30am and extended till 10:30am. Mr. Biju S covered about the TB, its first line treatment, doses and DOTS treatment guidelines. A token of appreciation was presented to Mr. Biju S by Prof Sulaja V for her exceptional session.







A short tea break was announced from 10:30am till 10:45am. The sessions resumed after that.

#### IV. TB-Latent Infection

The second session was by Dr Kasthuri, NTEP Medical officer, District TB Centre, Trivandrum. She gave a very vivid idea on TB, etiology, pathophysiology, clinical manifestation, and diagnostic test. She also shows a detailed video regarding the mode of transmission of mycobacterium Tubercule. Prof Sulaja V presented a token of love to Dr Kasthuri for her informative session.





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## V. Role of Nurse in TB-treatment & prevention

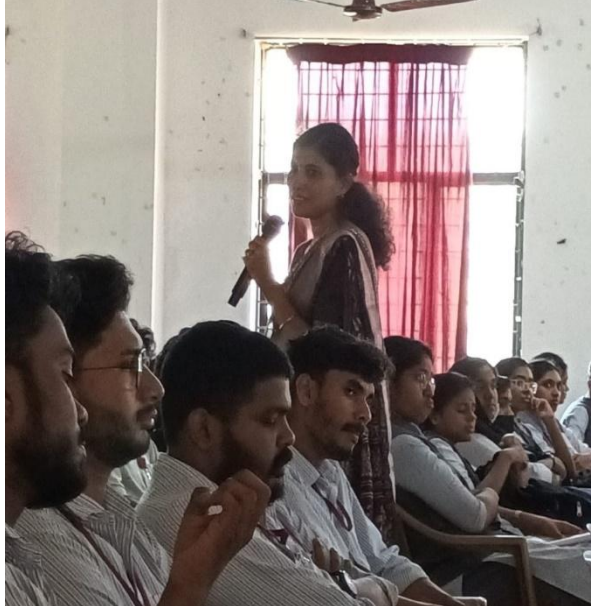
The third session was conducted by Mrs. Aswathy S.K about the role of nurse in treatment & prevention of TB. She explained about the nursing management and treatment modalities of TB by active participation of students. Mrs. Sheeja, presented a token of love to Mrs. Aswathy K S for her informative session.





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In summary, the world TB Day celebration at Sree Gokulam Nursing College was a resounding success, blending education, compassion, and professional expertise. The event not only raised awareness about TB, latent infection, drug regimen, role of nurse in managing TB patients but also celebrating the dedication of healthcare professionals and emphasized the need for future TB elimination.





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