SREE GOKULAM NURSING COLLEGE, VENJARAMOODU

DEPARTMENT OF CHILD HEALTH NURSING

REPORT ON WORLD BREAST FEEDING WEEK OBSERVATION

Date: August 6 2025

Time: 10:00 AM

Venue: Sree Gokulam Medical College & RF, Postnatal Ward

Introduction:

As a part of the world breast feeding week observation- 2025, awareness programs were at

Sree Gokulam Medical College & RF, Post natal ward on August 6, 2025, at 10:00 am. The

program commenced with the introduction speech by Prof Archana K Raj, HOD, department of Child Health Nursing -Sree Gokulam Nursing College. She provided a comprehensive introduction regarding world breast feeding week and importance of breast feeding.

Program Highlight:

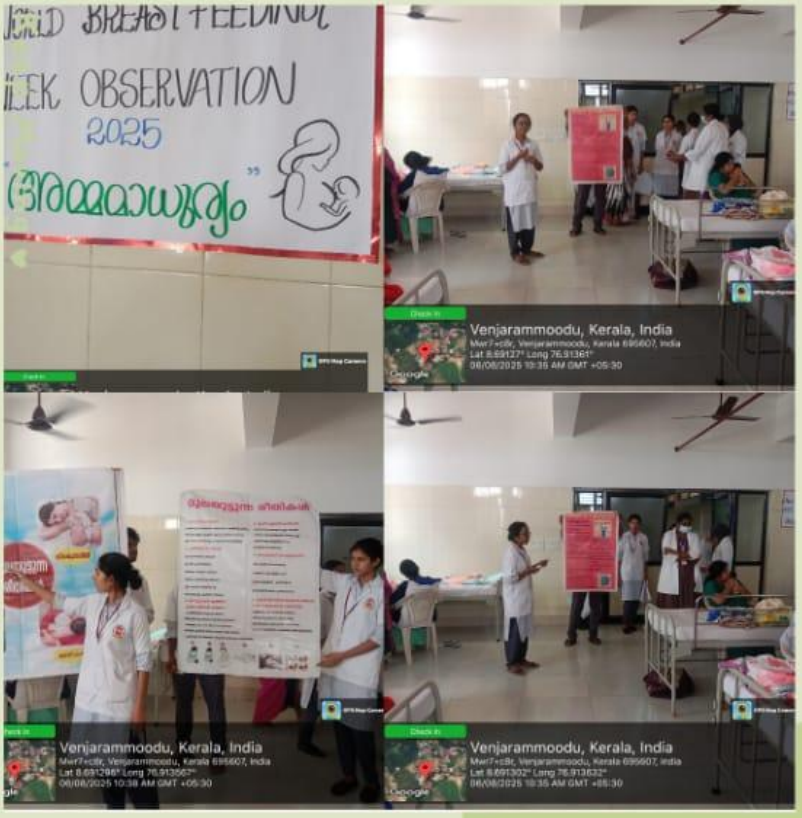
 Awareness health education regarding advantages of breast-feeding, recommended

breastfeeding practices, breast conditions & breastfeeding problems, breast milk

expression and its storage by 6th semester BSc nursing students under the supervision of Child health Nursing department faculty Ms. Renju S Raj , Ms Neenu R S and Ms Jincy Liz Thomas . The group (postnatal mothers) actively participated and utilize the awareness session.

Conclusion:

The program concluded with an emphasis on the world breast feeding week theme 2025 Prioritize breast Feeding: create sustainable support system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SREE GOKULAM NURSING COLLEGE, VENJARAMOODU
DEPARTMENT OF CHILD HEALTH NURSING
REPORT ON WORLD IMMUNIZATION WEEK 2025: 24TH APRIL 2025

Date: April 24 2025
Time: 11:00 am- 12:30 pm
Venue: Sree Gokulam Medical College & RF, Pediatric OPD

As a part of the world immunization week 2024, awareness programs were conducted at Sree Gokulam Medical College & RF, Pediatric OPD on April 25, 2025, at 11:00 am- 12:30 pm.the programme was organized by The Paediatric medicine Deaprtment and the Department of Child health Nursing SGMC &RF.The faculty of Child Health nursing and paediatric Medicine were assembled in venue

The programme Was introduced by Dr. Lalitha Kailas, Professor Deandean emeritus SGMC&RF. She provided a comprehensive introduction regarding world immunization week and importance of immunization.

Program Highlights:
 Role play and an awareness session regarding immunization by I PBBSc Nursing students.

The session covered following topics

- VACCINES TYPES
- IMPORTANCE OF IMMUNIZATION
- IMMUNIZATION SCHEDULE
- DESCRIPTION OF EACH VACCINES
- SIDE EFFECTS
- MYTHS AND FACTS ABOUT VACCINATION
- OPTIONAL VACCINES

The programme winded up at 12.30 PM . the audience clarified their doubts. The program concluded with an emphasis on the awareness of saving life through immunization program.

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NATIONAL IMMUNIZATION SCHEDULE

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SREE GOKULAM NURSING COLLEGE
Department of Child Health Nursing
NATIONAL IMMUNIZATION SCHEDULE
AGE
VACCINES
Birth
BCG, OPV-0
HEPATITIS-B
6-Weeks
OPV-1, PENTAVALENT
ROTAVIRUS-1
FIPV-1, PCV-1
10-Weeks
OPV-2
PENTAVALENT-2
RVV-2
14-Weeks
OPV-3
PENTAVALENT-3
FIPV-2, RVV-3, PCV-2
9-12 Months
MEASLES, ROSELLA-1
JE-1, PCV BOOSTER
VITAMIN-A 1
16-24 Months
MR-2, JE-2, DPT
BOOSTER-1, OPV
NATIONAL IMMUNIZATION SCHEDULE
BIRTH
BCG
HEPATITIS-B
OPV-0
10 WEEKS
OPV-1
RVV-1
PENTA-1
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PCV-1
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SREE GOKULAM NURSING COLLEGE, VENJARAMOODU

DEPARTMENT OF CHILD HEALTH NURSING

REPORT ON WORLD ORS WEEK OBSERVATION 2025: JULY-31

Date: July 31, 2025

Time: 10.30 AM

Venue: Sree Gokulam Medical College & RF, Paediatric OPD

Introduction:

As a part of the world ORS week observation- 2025, awareness programs were at Sree

Gokulam Medical College & RF, Paediatric OPD on July 31, 2025, at 10.30 am. The program

commenced with inauguration speech by , Dr. Lalitha Kailas, Professor Emeritus & Associate Dean, SGMC &RF, she emphasise the importance of ORS week celebration

Program Highlight:

 Role play and health education regarding ORS week awareness and AV-aids exhibition

about diarrhoea and its management, ORS -components, preparation by 6th semester BSc

nursing students under the supervision of Prof. Archana K Raj (HOD Child health Nursing) Ms. Parvathy [Assistant professor] Ms Renju S Raj [Lecture] and Ms Sukritha S [Lecture] .

Conclusion

At the end of programme the speech of Dr Swapna paediatric Medicine . She clarified that doubts and mention the preventive measures of Diarrhoea. The programme concluded by the vote of thanks by Prof. Archana K Raj (HOD Child health nursing) .

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Pulse Polio Immunization Drive Report

Date: Sunday, October 12, 2025

Location: Vamanapuram - Venjaramoodu Area (Thiruvananthapuram District, Kerala)

REPORT

The Pulse Polio Immunization drive was successfully conducted on Sunday, October 12, 2025, across three key locations in the Vamanapuram and Venjaramoodu area of the Thiruvananthapuram district. The campaign aimed to administer the Oral Polio Vaccine (OPV) to children aged 0-5 years. A total of 186 children were successfully vaccinated across the three specific booths during the operational period of 8:00 AM to 5:00 PM. The combined efforts of a fixed facility and high-traffic transit points ensure robust coverage. The campaign successfully leads by the viii sem BSc nursing students.

Booth-wise Performance Overview

LOCATION	CHILDREN VACCINATED (0-5 YEARS)
VAMANAPURAM FWC	89
PRIVATE BUS STAND	15
KSRTC BUS STAND	82

Key Operational Highlights

*** Total Vaccinated: 186 children were immunized across the three locations.**
*** Operational Hours: The vaccination activity commenced at 8:00 AM and concluded at 5:00 PM at all three booths.**
*** Logistics and Staffing: All booths were managed by dedicated health workers, ASHA/Anganwadi staff, and local volunteers. Their efficient crowd management and rigorous maintenance of the cold chain were key to the drive's success.**
*** Targeting Strategy: The strategic placement of booths ensured that the**

campaign successfully reached both the stationary population (via the FWC) and the mobile population (via the bus stands), minimizing the risk of missing any eligible child.

REPORT ON WORLD HEALTH DAY OBSERVATION 2025

DATE: APRIL 04, 2025
TIME: 11:00 AM– 1:00 PM
VENUE: SREE GOKULAM MEDICAL COLLEGE & RF, POSTNATAL WARD

As a part of World health day observation , The Department of OBG and Child health nursing of Sree Gokulam Nursing College, conducted an awareness session on Maternal and newborn care conducted at Post natal ward of Sree Gokulam Medical College & RF, on 04/04/2025 at 11:00 am. Faculty of OBG and child health nursing of SGNC organized the entire programme.

The theme for world health day 2025 was "HEALTHY BEGINNINGS &HOPEFUL FUTURES"

Program Highlights:

- The programme commenced at 11.am. Professor Archana K Raj (HOD Child health Nursing) provided a comprehensive introduction of the awareness session . She highlights the meaning and Importance of the theme healthy beginnings &hopeful futures
- Later the I year PBBSc Nursing student and 7th semester Bsc Nursing students conducted health awareness to postnatal mothers. The awareness programme covered following topics
  - Postnatal care
  - Essential newborn care
  - Breast feeding
  - KMC
  - Postnatal diet
  - Immunization
- After the awareness session the audience got the chance to clarify their concerns and doubts.

  The programme was success and it achieved the objective of enlighten the postnatal mothers with knowledge regarding maternal and newborn care. The programme winded up at 1.00PM

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Community Health Nursing

CPR MASS AWARENESS CAMPAIGN

Date: October 14,15, 2025
Location: Nurses Lead Clinic, Kottukunnam, Family Welfare Centre, Vamanapuram (Thiruvananthapuram District, Kerala)
Organizers : Community Health Nursing, Medical Surgical Nursing & NSS
Instructors : Mr. Arun, Mrs. Revathy, Mrs. Akshaya, Mrs. Sivapriya

REPORT

The CPR awareness campaign was successfully conducted October 14&15, 2025, across two key locations in the NLC, Kottukunnam & FWC, Vamanapuram area of the Thiruvananthapuram district. The campaign aimed to aware common people to do CPR. A total of 62 were successfully attended the session across the two specific places during the training period of 10:00 AM to 12:00 PM. The combined efforts of Community Health Nursing Department, Medical Surgical Nursing Department & NSS unit, viii sem BSc nursing students make the session successful. In college the oath was taken by the students and other faculties of departments.

Objectives

The training aimed to achieve :

1. Increase public awareness regarding the critical need.
2. Train participants in the two essential steps of compression and ventilation.
3. Familiarize the placement of hands on chest during CPR
4. Boost participant confidence and willingness to act in a cardiac emergency

Training overview

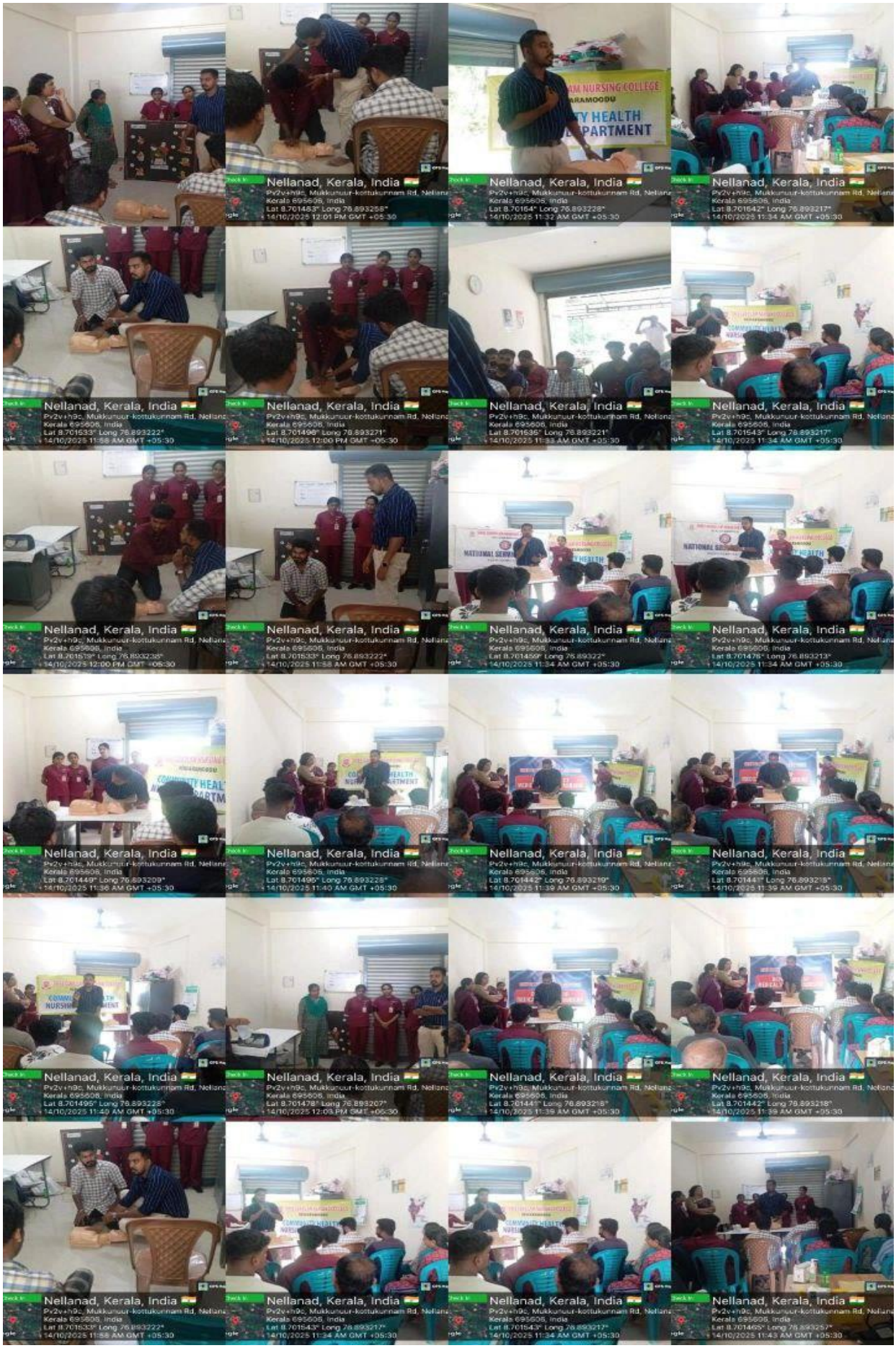
- Identification of cardiac emergency.
- Carotid pulse assessment and respiration.
- Arrangement of rescuer.
- Placement of hand in correct area
- Cycle ratio 30:2

- Complications occur during CPR
- Pediatric CPR

Key Highlights

All participants who completed the hands- on session successfully demonstrated the correct compression techniques on the manikins, achieving the required rate and depth standard.

The public CPR awareness training was highly successful, maximizing engagement during National CPR awareness week. The enthusiasm from the community highlights a strong demand for life- saving education.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