



SREE GOKULAM NURSING COLLEGE, VENJARAMOODU

Approved by Indian Nursing Council, Kerala Nurses and Midwives Council, and

Affiliated to Kerala University of Health Sciences

REPORT ON WORLD HEALTH DAY OBSERVATION 2025

TIME: 11:00 AM– 1:00 PM

VENUE: SREE GOKULAM MEDICAL COLLEGE & RF, POSTNATAL WARD

As a part of World health day observation , The Department of OBG and Child health nursing of Sree Gokulam Nursing College, conducted an awareness session on Maternal and newborn care conducted at Post natal ward of Sree Gokulam Medical College & RF, on 04/04/2025 at 11:00 am. Faculty of OBG and child health nursing of SGNC organized the entire programme.

The theme for world health day 2025 was "HEALTHY BEGINNINGS &HOPEFUL FUTURES"

Program Highlights:

The programme commenced at 11.am. Professor Archana K Raj (HOD Child health Nursing) provided a comprehensive introduction of the awareness session . She highlights the meaning and Importance of the theme healthy beginnings &hopeful futures

Later the I year PBBSc Nursing student and 7th semester Bsc Nursing students conducted health awareness to postnatal mothers. The awareness programme covered following topics

Postnatal care

Essential newborn care

Breast feeding

KMC

Postnatal diet

Immunization

After the awareness session the audience got the chance to clarify their concerns and doubts.

The programme was success and it achieved the objective of enlighten the postnatal mothers with knowledge regarding maternal and newborn care. The programme winded up at 1.00PM





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