



SREE GOKULAM NURSING COLLEGE, VENJARAMOODU

Approved by Indian Nursing Council, Kerala Nurses and Midwives Council, and

Affiliated to Kerala University of Health Sciences

World Hepatitis Day 2025 **"Hepatitis: Let's Break It Down"**

Event: Hepatitis awareness

Date: 28.07.2025

Location: Sree Gokulam Medical College, Venjaramoodu

Organized By: Medical Surgical Department & IV Sem. BSc Nursing Students Sree Gokulam

Nursing College, Venjaramoodu.

Hepatitis Day is observed to spread awareness about viral hepatitis, a major global health challenge that affects millions of people worldwide. Viral hepatitis causes inflammation of the liver and can lead to serious complications such as liver cirrhosis and cancer if left untreated. Many people remain unaware of their infection, which makes awareness, early testing, and prevention especially important.

This day reminds us of the importance of vaccination, safe practices, timely diagnosis, and access to treatment. It also encourages communities to fight stigma and support those living with the disease. By raising awareness and working together, we can move closer to the global goal of eliminating hepatitis by 2030.

The core aim of observing Hepatitis Day this year is to highlight and push for action on the hidden barriers that prevent people from getting the prevention, diagnosis, and treatment services they need in order to achieve hepatitis and elimination reduce liver cancer.

More specifically, the aims include:

1. Dismantling barriers



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2. Scaling up and integrating services
3. Increasing early detection
4. Preventing liver cancer and deaths
5. Meeting the elimination goals by 2030

Event highlight

On July 28, 2025, an informative health education session on hepatitis day was conducted by the IVth BSc Nursing Students of awareness was semester

Sree was organized Gokulam Nursing College, Venjaramoodu. The session under the guidance of MR ARUN AS, lecturer, Medical Surgical Department, SGNC & MR SIVAPRIYA, Tutor, SGNC. The event was held at the General medicine outpatient department of Gokulam Medical College Hospital & Research Foundation, Venjaramoodu. Sree

The event was meticulously organized by the dedicated team of students including,

Ms. Padmaja GR

Ms. Pavithra JS

Ms. Pavithra Narayanan

Ms. Nooba Anna Eldho

Ms. Malavika Ganeeshan

Ms. Manya TM

Ms. Parvathy S Nair





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Ms. Prafin Pratheesh

Ms. Madhav S

Ms. Midhun.M

Ms. Midhun. Krishna

Ms. Minnumol M

Ms. Nayana S

Ms. Nazrin Fathima

Ms. Nandana SL

Ms. Nandana Sugathan

Ms. Navya Dileep

Ms. Niranjana SP

Ms. Neha Irshadh

The Hepatitis Day awareness session held on July 28, focused on raising awareness about hepatitis, its causes and the importance of early detection. The resource persons highlighted the major risk factors, especially alcohol use and exposure to second hand smoking along with environmental and occupational hazards. Participants were also informed about the warning signs and symptoms of hepatitis which require early medical attention. The session further emphasized preventive strategies, including quitting alcohol, maintaining a healthy lifestyle and undergoing regular check-ups for timely diagnosis and various treatment options such as surgical and medical management. The





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program concluded with an interactive discussion encouraging participants to spread awareness in the community and support those affected with hepatitis

The event successfully captured the attention of attendees through interactive discussions at educational demonstrations, highlighting key topics such as the cause of hepatitis, its risk factors, symptoms, complications and management measures by emphasizing the importance of lifestyle modifications and early medical intervention, the session empowered individuals to take charge of their physical health through this initiative, we not only raised awareness but also fostered a sense of responsibility and informed decision making among the participants. The event left a last impression on the community and marked a step forward in reducing the burden of hepatitis. We remain committed to continuing our outreach and education efforts to build a healthier, more informed society

