



SREE GOKULAM NURSING COLLEGE, VENJARAMOODU

COMMUNITY HEALTH NURSING

MEDICAL CAMP REPORT

DATE: 30.09.25

VENUE: SREE GOKULAM MEDICAL CENTER, KALLARA

ORGANIZING BODIES: SREE GOKULAM NURSING COLLEGE (COMMUNITY HEALTH NURSING, OBSTETRICS & GYNECOLOGY NURSING) and SREE GOKULAM MEDICAL COLLEGE RESEARCH FOUNDATION

PARTICIPANTS: SGMC & RF – GYNECOLOGY DEPARTMENT, DERMATOLOGY, OPHTHALMOLOGY, ONCOLOGY DEPARTMENT

STUDENTS: 8TH SEMESTER BSC NURSING STUDENTS

BENEFICIARIES: GENERAL PUBLIC OF KALLARA

INTRODUCTION

A highly successful free medical checkup camp was organized on September 30, 2025, at the Sree Gokulam Medical centre, Kallara. The camp, a joint effort by Community health nursing department. NSS and OBG Department – Dr. Lija R Nath, Prof. Sheeja Mol K N, Prof. Smitha J S, Mrs. Preethi G Vijayan, Mrs. Nivya S R, Mrs. Akhila, Mrs. Remya, Mrs. Geethu & Mrs. Siya S S. The primary goals were to screen for lifestyle diseases and provide specialistic consultations like women's reproductive health issues.

OBJECTIVES

Specific services were aims at screening and addressing

- Lifestyle Diseases
- Women's reproductive Health Issues
- Thyroid Disorders
- Screen for and address common health issues, including Breast cancer
- Promote Health awareness and early detection of chronic conditions.

PROGRAM HIGHLIGHTS

The program included an inauguration by the Kallara Panchayat Vice President Mr. Najeensha S with the welcome address given by Dr. Lija R Nath (VICE PRINCIPAL, SGNC). Felicitation was given by Lt.Col. Meera K Pillai (SGNC, PRINCIPAL). Presidential address by Dr. Satheeshan. The programme also included a crucial awareness session on "BREAST CANCER: THINGS TO NOTE "delivered by



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Dr. Reji Jose, Professor of Community Medicine at Sree Gokulam Medical College. The session ended with vote of thanks by Prof. Smitha J S.

KEY FINDINGS AND RESULTS

The camp served a total of 89 beneficiaries.

Parameter	Total number
Total Beneficiaries	89
Known case of Hypertension	15
Known case of Diabetes Mellitus	23
Individual with overweight	32
Individual with Underweight	7

CLINICAL SERVICES UTILIZED

SERVICES	NO OF CLIENTS
Vital Signs	73
GRBS	84
Ophthalmology	45
Dermatology	27
Gynaecology	14
Clinical Breast Examination	19

CONCLUSION

The medical camp successfully provided comprehensive screening and specialist care to 89 clients. The essential free services help the camp effectively demonstrated the organizers commitment to their moto ; LOVE AND CARE TO HUMANITY. The success of this camp provides a strong foundation for planning future, targeted health initiatives in the region.



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