



REPORT ON INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

Introduction

The **International Day for the Elimination of Violence Against Women** is observed every year on **November 25th** to raise awareness and promote action to end all forms of violence against women and girls worldwide. This day serves as a reminder of the persistent inequalities and injustices faced by women and highlights the importance of unity, education, and empowerment in achieving gender equality.

In observance of this day under the theme “**Voice for Change – International Day for the Elimination of Violence Against Women,**” the **Department of Obstetrics and Gynaecological Nursing** of Sree Gokulam Nursing College organized a series of impactful events, including a role play and an awareness session, on **9th October 2025** at the Postnatal Ward of Sree Gokulam Medical College Hospital, Venjaramoodu.

Event Highlights:

The program commenced with an introductory speech by VI th semester BSc.Nursing student, who presented a brief overview of the significance of the day and the various events scheduled. She provided the audience with key insights into the theme and outlined the importance of collective efforts in promoting gender equality and eliminating violence against women.

Role Play on Dowry Violence:

One of the key events was a role play that depicted the harrowing issue of dowry-related violence. The narrative focused on a young daughter-in-law who was subjected to severe physical and emotional abuse by her husband and in-laws due to dowry demands. As the abuse escalated, the woman, who had endured years of suffering, made the courageous



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decision to take action against her tormentors. The performance highlighted the emotional, psychological, and physical toll that such violence takes on women, as well as the barriers that prevent them from seeking help.

The play concluded with the intervention of two lawyers who guided the victim through her legal rights, emphasizing the legal provisions and protections available to women in India. This segment was designed to inform the audience about the importance of legal awareness and encourage women to seek justice and support when faced with abuse.



Awareness Session:

Following the role play, an interactive awareness session was conducted on the theme of "Voice for Change – International Day for the Elimination of Violence Against Women." The session aimed to educate attendees about the various dimensions of violence against women, including its different forms, underlying causes, and far-reaching impact on both women and society.

The session also covered the legal framework for addressing violence, such as The Protection of Women from Domestic Violence Act, 2005, and other relevant laws. The role of government initiatives in India, including programs like the National Commission



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for Women (NCW) and One-Stop Centers, was discussed as part of the efforts to provide victims with necessary support. Preventive measures to combat gender-based violence, including community-based awareness programs, educational reforms, and the importance of mental health support, were also highlighted.



Conclusion:

The event was an essential reminder of the critical need to continue the fight against violence in all its forms. By providing both legal education and emotional empowerment, the program inspired participants to become more active in advocating for women's rights and equality. Through these initiatives, the Department of Obstetrics and Gynaecological Nursing at Sree Gokulam Nursing College reinforced its commitment to creating a safer, more just society for women and girls.



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